Don’t Know Much Biology? How Science Looks at Race vs Inherited Genetics  
Monday, 6/26 @ 6:30 pm  
- Learn about the science of genetics and what role, if any, race has in it.

Indian Cuisine with Swadesh Pachnanda  
Wednesday, 7/5 @ 6:30 pm

A Virtual Tour of American Stories from the National Gallery of Art  
Tuesday, 7/11 @ 11 am

Communal Drumming for Teens and Adults Ages 11+  
Wednesday, 7/12 @ 5 pm  
- Join us to de-stress and have a blast!

City Winds Trio Concert  
Monday, 7/17 @ 6:30 pm  
- Come hear your favorite ragtime music performed on flute, oboe and bassoon!

How to make Japanese Pickles  
Wednesday, 7/19 @ 5:30 pm  
- Pickle your own vegetables in the Japanese style!

Crafting Beautiful Beaded Earrings Workshop, All Ages 10+  
Monday, 7/24 @ 6 pm  
- Make earrings that are attractive and one of a kind!

Online wellness programs  
All on Zoom

Virtual Senior Strength Training  
Mondays @ 5:15 pm 6/26, 7/17, 7/31

Tai Chi  
Fridays @ 10 am 6/16, 7/7, 7/21

Breathwork Meditation  
Wednesdays @ 12 pm 6/22, 7/13, 7/27

Gentle Chair Yoga  
Wednesdays @ 9 am 6/14, 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9